

REGISTERED COMPANY NUMBER: 03630284 (England and Wales)
REGISTERED CHARITY NUMBER: 1073596

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2020
FOR
CONWY MIND**

Williams Denton Cyf
Chartered Certified Accountants
13 Trinity Square
Llandudno
United Kingdom
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LL30 2RB

CONWY MIND

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FOR THE YEAR ENDED 31 MARCH 2020**

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**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2020**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Aberconwy Mind has changed its name to Conwy Mind to reflect the changes which have taken place and will be truly representative of the area it covers. The changes include changing banking to Santander which offers the ability to make BACS payments and online banking which was not possible with RBS. Additionally, choosing new accountants and changing accounting platform from Sage to Xero which has simplified procedures, enabling Trustees to access financial information. Also there are plans for greater changes to services, increased funding and a change of location in the coming year 2020-2021.

The Board of Trustees meet once a month, and follow a set agenda, occasionally having input from staff delivering services, fundraising and business development as well as advisors from Central Mind. Responsible for Governance and strategic direction, it also reviews the financial situation, service provision and delivery. These meetings are minuted and presented to the Board of Trustees for approval prior to the next meeting.

The Board have a Governance subcommittee which regularly reviews and updates all policies and procedures as part of our Mind Quality Mark (MQM) process which includes the induction and training of our trustees, staff and volunteers. The MQM standard is endorsed by the Charity Commission and is an ongoing process. They also have a Finance subcommittee regularly review financial policies and procedures and making recommendations to the Board when necessary and relevant to do so.

The charity will ensure that its recruitment and selection procedures of Staff and Trustees follow the equality and diversity policy. Two references will be taken up from all successful candidates prior to any formal offer, where appropriate referees will be asked to comment on the applicant's suitability for the role. Where relevant to the post, the successful applicant will be asked to agree to a DBS (Disclosure Barring Scheme) enhanced, when deemed necessary for the role. Disclosures will be requested prior to the applicant taking up the post.

Induction for the new trustees, staff and volunteers includes information on all policies and procedures and on-going training is provided. All staff and volunteers have a designated supervisor who provides appropriate ongoing support and supervision.

Conwy Mind recruits volunteers to assist in the smooth running of services and offers them a robust, accredited training programme, giving them the skills required to perform their role.

OBJECTIVES AND ACTIVITIES

Objectives and aims

Conwy Mind is affiliated to the national organisation of Mind and incorporates the national aims and objectives in its constitution. Conwy Mind fully subscribes to, and supports, the mission and strategy of national Mind. We aim to promote and work towards this mission and vision in our own community of Conwy County and North Wales recognising that there are specific cultural and regional needs. In order to reflect this, Conwy Mind has committed to our own mission, vision and objectives.

Our Vision in Conwy Mind is of a society where everyone experiencing mental health needs and emotional problems receive both support and respect, and are accepted and included without fear of stigma and discrimination.

Our Purpose is to provide appropriate person-centred advice, guidance, and support, to empower people who experience mental health and emotional problems. We believe that everyone should have the right and opportunity to access comprehensive services that will enable them to improve and reach their full potential. This includes access to services and responses in both Welsh & English.

We campaign to improve services, raise awareness and promote understanding.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2020**

OBJECTIVES AND ACTIVITIES

Significant activities

- Staying well - To support people who experience, or who may develop mental health problems, to stay well.
- Empowering choice - To enable people, who experience a mental health problem, to make informed choices about how they live; and their recovery.
- Improving services and support - To help people get the right service, at the right time and in the right place, enabling them to live with their mental health problem and improve their situation.
- Enabling Social Participation - To 'open doors' for people with experience of mental health problems, to help them participate as fully as possible, in their family and communities.
This implies delivering services in both Welsh and English.
- Removing Inequality of opportunity - To bring equality of treatment for people who experience mental ill health prejudice and other forms of discrimination, including for Welsh speakers.
- Organisational excellence - To make the most of our charity's assets, by building a culture of compassion, cooperation efficiency and effectiveness.

Our Values - are at the heart of everything we do, we are:

- Open - We reach out to people who need us;
- Together - We're stronger when we work within partnerships;
- Responsive - We listen, we act.
- Independent - We speak out, on behalf of those we serve, fearlessly
- Unstoppable - We mean to stay financially solvent and relevant to those we serve, so that we never have to give up improving what we do and how we do it.

We review our aims, objectives and activities each year. This review looks at what we achieved and the outcomes of our work in the previous 12 months.

The review looks at the success of each key activity and the benefits they have brought to those people we are set up to help. The review also helps us ensure our aim, objectives and activities remained focused on our stated purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2020**

ACHIEVEMENT AND PERFORMANCE

In the 12 months to 31st March 2020, Conwy Mind has supported over 400 people across a range of services. On average, service users access 20 hours of support at Conwy Mind, though this average varies between the services offered.

Day Services:

Conwy Mind have historically delivered a Drop-in Support service. Over the past 12 months the attendees have dropped in numbers, choosing to access the new Community Hub and telephone support services. The Day Services team supported the Drop-in which had 18 attendees over the 12-month period. Day Services also offered one to one support to people for a range of mental health needs and delivered support groups. 85 people were offered one to one support from a team of three part-time staff. 18 people attended support groups over the 12 month period (anxiety and confidence building support groups). The Day Services offered intense support over weeks and months to service users with a wide range of mental health needs.

Social activities:

A range of social groups were offered, including art, photography, Tai Chi, and walk and talk. 30 service users attended the social groups.

ICan Hub:

The ICan Community Hub started in September 2019 and has been supported through the Healthier Wales Transformation fund, looking at transforming the delivery of Mental Health Services in Wales. Conwy Mind have been involved in the Local Implementation Team meetings for Conwy and Denbighshire and supported the Ican vision of developing a Community Hub model working alongside other partners such as the local Health Board through their Ican model. The Hub offers a one stop shop for mental health needs, with support from other voluntary and statutory organisations. In the 6 months to 31st March 2020, 55 service users attended sessions of the ICan Hub. The ICan Hub has been highly successful and is currently funded to December 2020 through further funding is possible.

Recovery Compass:

The Recovery Compass Contract was initially a 3-year SLA with Conwy County Council, which started in April 2016 and due to finish in March 2019. Through mutual agreement with Conwy Council it was agreed to add an additional Transition year onto the contract to help Service Users move on to new services and to look at developing their own Peer Support Networks. This was also supported through the joint Peer Support initiative with North East Wales Mind and National Mind. During the transition period, 39 service users were supported in the year up to March 31st 2020. Recovery Compass offered support around social factors affecting mental health and supported service users to develop coping techniques.

Active Inclusion:

During the period April 2019 to December 2019, Conwy Mind delivered two strands of Active Inclusion, one for over 25's and for under 25's. Active Inclusion fund is managed by WCVA, supported through funding from European Structural and Investment funds. Its aim is to reduce economic inactivity in Wales and improve the employability of disadvantaged people. 44 people were supported into employment placements through the Active Inclusion contract. People were supported through placements of either 16 weeks or 24 weeks in the social enterprise, The Rabbit Hole and through volunteering opportunities to improve their employability. This service ended in December 2019 after fulfilling the terms of the service.

My Generation:

My Generation is a free 8-week programme for older people which aims to improve wellbeing, resilience and reduce isolation and loneliness. The course was well attended and popular and highlighted the need to support older people's Mental Health and Wellbeing in Conwy. Conwy Mind developing strong links with Conwy Council's Community Wellbeing team.

Three 8-week courses were delivered for older people. The courses were delivered in partnership with other organisations such as Conwy Council's Community Wellbeing team 19 people attended My Generation courses in the 12-month period.

Parabl:

CONWY MIND

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2020

Since 2013 Conwy Mind has been a partner in the delivery of the Parabl Talking Therapies , Partnership with lead partner CAIS. The contract includes supporting people with one to one counselling, delivering several Coping with Life and Mindfulness courses, and running a hot desk to support people across North Wales working through the Parabl online Serenity CBT course. 72 people have attended the Coping with Life and Mindfulness courses. Over 100 people have been supported through online CBT across North Wales.

Volunteers:

Volunteers have been integral to the delivery of our services. 45 people attended the accredited volunteer training run by Conwy Mind. 28 of these people progressed to a volunteering role within Conwy Mind. Some volunteers were attached to the Agor: Open Rabbit Hole Cafe which is now closed.

Agor: Open

The Agor: Open social enterprise closed in September 2019, but prior to closure offered an open route for people with mental health support to contact the Conwy Mind, offered a range of cafe refreshments and signposting to other statutory and voluntary organisations.

FINANCIAL REVIEW

Financial position

The total income received for the period was £462k, this is an increase on last year by £53k. This increase takes in account a legacy amount of £135k, the first initial £50k paid in this financial year. The Charity had to make difficult financial decisions, following an in depth financial review which resulted in the decision to close the Social Enterprise and to end subsidising contracted services from reserves. This resulted in decreased income but retained reserves.

There was a decrease in the annual funding for the Recovery Compass contract due to the funding ending, however funds for Recovery Compass from the previous year were belatedly paid in this financial year. The staff structure of the service was reduced in the final year of funding.

There was a decrease of a historical support grant paid by Conwy Council for the Drop-in Service due to a reduction in statutory funding. This resulted in further staff redundancies.

The Charity retained grants from Betsi Cadwaldr Health Board at the same rates and Lloyds.

Reserves policy

At year end the unrestricted reserves for Conwy Mind were £205,000 with total funds of £633k.

These unrestricted reserves are in keeping with the reserves policy, which states that reserves are between 3 to 6 months of running costs for the organisation. The Trustees have considered this as adequate to cover any changes to the organisation, taking into consideration increase in staff levels, covid 19 and the development of the 5-year Business Plan.

The affect of the Covid-19 Pandemic on Conwy Mind

In mid March 2019, Conwy Mind closed the doors to face-to-face services due to the Covid-19 pandemic. Changes had to be made quickly to meet the Covid-19 regulations, ensuring staff, volunteers and service users were protected. All staff members worked from home from March to August 2020, with a phased return to the workplace planned going forward. A new telephone counselling service was developed to meet the demand due to Covid-19 and support services were moved to the Virtual Hub, with changes made to the telephone system to allow service users and other services to continue to refer into Conwy Mind through the advertised telephone numbers. Going forward, services will continue to be available online and by telephone. The organisation saw a 300% increase in referrals due to Covid-19.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2020**

FUTURE PLANS

In April 2020, the Trustees agreed a 5 Year Business Plan, based on Regional and National Strategies and findings from an organisational evaluation. The priorities for the organisation for the next 5 years include increasing reach across the county of Conwy to include all ages and diversifying income streams. Over the next 5 years the organisation will develop the following Hubs:

Community Hub

- One stop shop for people to access signposting and support
- Mobile Hubs across the County
- Virtual offer of telephone/online support - through our Triage Workers and volunteers
- Training available through virtual and mobile Hubs
- One to one support will be offered to those not ready for group work training hub
- Training to service users - conditions and recovery tools, resilience and management of conditions
- Internal training for staff and volunteers
- A range of packages to be available (at cost) to external organisations, e.g. Mental Health Awareness, Resilience and Mental Health First Aid

Talking Therapies Hub

- Including the Parabl contract if continued
- One-to-one counselling for Adults
- One-to-One counselling for young people
- Counselling for families
- CBBT online training
- Counselling by face to face, telephone and Skype
- A sliding scale of charges will be developed with the most vulnerable service users offered free counselling, whilst those who can pay will pay a lower rate than average for the service.

Peer Support Hub

- Facilitated groups where people support each other in their recovery.
- 6-month support groups with an agreed end date.

Family and Young People Hub

- Family worker who can engage with families with complex needs relating to mental health
- Mums Matter programme
- Suite of training (developed with the Mental Health Trainer)
- Signposting to peer support and training with the outcome of reducing the cycle of mental health in families
- Signposting to the counselling services
- Development of Young Minds programme

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

03630284 (England and Wales)

Registered Charity number

1073596

Registered office

3-4 Trinity Square
Llandudno
Gwynedd
LL30 2PY

CONWY MIND

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2020**

Trustees

Mrs J Baldini Retired

Mr R Fretwell Unemployed (resigned 17.2.20)

Mr R G Holden Retired Nhs Manager

Mrs J A Horsnell Unemployed (resigned 1.9.20)

Mrs L Hughes Practice Manager (resigned 2.1.20)

Mrs R P Nugent Training Consultant (resigned 20.1.20)

Mr E W Owen Team Leader (resigned 17.2.20)

Mrs M Rastall Retired (resigned 1.9.20)

Mr I S Rickard Retired (resigned 17.2.20)

Mr O F Traynor Director (resigned 1.8.20)

Ms C Cunningham Retired (appointed 27.9.19)

Dr C Hinds Self Employed Clinical Psychologist, Dbt (appointed 17.2.20)

Mrs M James HR Consultant (appointed 17.2.20)

Company Secretary

Mrs D Roberts

Independent Examiner

Williams Denton Cyf

Chartered Certified Accountants

13 Trinity Square

Llandudno

United Kingdom

CONWY

LL30 2RB

Approved by order of the board of trustees on 30 November 2020 and signed on its behalf by:



Mr R G Holden - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
CONWY MIND**

Independent examiner's report to the trustees of Conwy Mind ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2020.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ACCA which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



MARTIN STEVEN BARRETT
ACCA
Williams Denton Cyf
Chartered Certified Accountants
13 Trinity Square
Llandudno
United Kingdom
CONWY
LL30 2RB

Date: 30/11/2020.....

CONWY MIND

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2020

	Notes	Unrestricted funds £	Restricted funds £	2020 Total funds £	2019 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		191,670	263,280	454,950	380,727
Other trading activities	2	-	-	-	145
Investment income	3	188	-	188	80
Other income		7,849	-	7,849	28,261
Total		199,707	263,280	462,987	409,213
EXPENDITURE ON					
Raising funds		964	-	964	262
Charitable activities					
Active Inclusion		-	102,476	102,476	75,070
Agor		-	28,728	28,728	180,855
Recovery Compass		-	26,462	26,462	75,187
Lloyds Bank		-	-	-	-
Conwy Mind		102,551	-	102,551	139,068
ICAN Conwy		-	27,284	27,284	-
My Generation (Mind)		-	5,001	5,001	-
N W Peer Support		-	2,222	2,222	-
Parabl		-	66,875	66,875	-
Total		103,515	259,048	362,563	470,442
NET INCOME/(EXPENDITURE)		96,192	4,232	100,424	(61,229)
Transfers between funds	12	(2,196)	2,196	-	-
Net movement in funds		93,996	6,428	100,424	(61,229)
RECONCILIATION OF FUNDS					
Total funds brought forward		111,584	421,873	533,457	594,686
TOTAL FUNDS CARRIED FORWARD		205,580	428,301	633,881	533,457

The notes form part of these financial statements

CONWY MIND

BALANCE SHEET
31 MARCH 2020

	Notes	Unrestricted funds £	Restricted funds £	2020 Total funds £	2019 Total funds £
FIXED ASSETS					
Tangible assets	8	3,866	392,815	396,681	426,706
CURRENT ASSETS					
Debtors	9	62,778	39,904	102,682	133,712
Cash at bank		151,379	10,514	161,893	10,134
		<u>214,157</u>	<u>50,418</u>	<u>264,575</u>	<u>143,846</u>
CREDITORS					
Amounts falling due within one year	10	(12,443)	(14,932)	(27,375)	(37,095)
		<u>201,714</u>	<u>35,486</u>	<u>237,200</u>	<u>106,751</u>
NET CURRENT ASSETS					
		<u>201,714</u>	<u>35,486</u>	<u>237,200</u>	<u>106,751</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>205,580</u>	<u>428,301</u>	<u>633,881</u>	<u>533,457</u>
NET ASSETS					
		<u>205,580</u>	<u>428,301</u>	<u>633,881</u>	<u>533,457</u>
FUNDS					
Unrestricted funds	12			205,580	111,584
Restricted funds				428,301	421,873
				<u>633,881</u>	<u>533,457</u>
TOTAL FUNDS					
				<u>633,881</u>	<u>533,457</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

CONWY MIND

BALANCE SHEET - continued
31 MARCH 2020

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 30 November 2020 and were signed on its behalf by:



Mr R G Holden - Trustee



Mrs J Baldini - Trustee

The notes form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2020**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 5% on reducing balance
Improvements to property	- 5% on reducing balance
Plant and machinery	- 20% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2. OTHER TRADING ACTIVITIES

	2020	2019
	£	£
Fundraising events	-	145
	<u> </u>	<u> </u>

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2020**

3. INVESTMENT INCOME

	2020	2019
	£	£
Deposit account interest	<u>188</u>	<u>80</u>

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2020	2019
	£	£
Depreciation - owned assets	<u>30,025</u>	<u>-</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2020 nor for the year ended 31 March 2019.

Trustees' expenses

There were trustees expenses paid for the year ended 31 March 2020 of £1,977.60 (2019 - £1,116)

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2020	2019
Direct Charitable	9	15
Direct Charitable - Agor:Open	-	8
Administration	1	1
	<u>10</u>	<u>24</u>

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	95,826	284,901	380,727
Other trading activities	145	-	145
Investment income	80	-	80
Other income	28,261	-	28,261
Total	<u>124,312</u>	<u>284,901</u>	<u>409,213</u>
EXPENDITURE ON			
Raising funds	262	-	262

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2020

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
Charitable activities			
Active Inclusion	-	75,070	75,070
Agor	-	180,855	180,855
Recovery Compass	-	75,187	75,187
Lloyds Bank	-	-	-
Conwy Mind	139,068	-	139,068
Total	139,330	331,112	470,442
NET INCOME/(EXPENDITURE)	(15,018)	(46,211)	(61,229)
Transfers between funds	(23,703)	23,703	-
Net movement in funds	(38,721)	(22,508)	(61,229)
RECONCILIATION OF FUNDS			
Total funds brought forward	150,305	444,381	594,686
TOTAL FUNDS CARRIED FORWARD	111,584	421,873	533,457

8. TANGIBLE FIXED ASSETS

	Freehold property £	Improvements to property £	Plant and machinery £	Totals £
COST				
At 1 April 2019 and 31 March 2020	201,460	261,797	157,079	620,336
DEPRECIATION				
At 1 April 2019	88,532	11,797	93,301	193,630
Charge for year	10,073	13,090	6,862	30,025
At 31 March 2020	98,605	24,887	100,163	223,655
NET BOOK VALUE				
At 31 March 2020	102,855	236,910	56,916	396,681
At 31 March 2019	112,928	250,000	63,778	426,706

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2020

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	2020	2019
	£	£
Trade debtors	39,928	-
Amounts owed by group undertakings	61,728	34,382
Other debtors	-	99,330
Prepayments	1,026	-
	<u>102,682</u>	<u>133,712</u>

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	2020	2019
	£	£
Bank loans and overdrafts (see note 11)	14,754	-
Trade creditors	5,803	2
Social security and other taxes	2,980	329
Pension	884	-
Accruals and deferred income	-	16,157
Accrued expenses	2,954	20,607
	<u>27,375</u>	<u>37,095</u>

11. LOANS

An analysis of the maturity of loans is given below:

	2020	2019
	£	£
Amounts falling due within one year on demand:		
Bank overdrafts	<u>14,754</u>	<u>-</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2020

12. MOVEMENT IN FUNDS

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.20 £
Unrestricted funds				
Head Office	111,584	96,192	(2,196)	205,580
Restricted funds				
Active Inclusion 024041	-	(1)	1	-
Agor	421,873	(28,728)	-	393,145
ICAN Conwy	-	23,398	-	23,398
My Generation (Mind)	-	(1)	1	-
N W Peer Support	-	9,578	-	9,578
Parabl Talking Therapies	-	(2,193)	2,193	-
Recovery Compass	-	2,180	-	2,180
Active Inclusion 024220	-	(1)	1	-
	<u>421,873</u>	<u>4,232</u>	<u>2,196</u>	<u>428,301</u>
TOTAL FUNDS	<u>533,457</u>	<u>100,424</u>	<u>-</u>	<u>633,881</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Head Office	199,707	(103,515)	96,192
Restricted funds			
Active Inclusion 024041	42,668	(42,669)	(1)
Active Inclusion 024134	52,484	(52,484)	-
Agor	-	(28,728)	(28,728)
ICAN Conwy	50,682	(27,284)	23,398
My Generation (Mind)	5,000	(5,001)	(1)
N W Peer Support	11,800	(2,222)	9,578
Parabl Talking Therapies	64,682	(66,875)	(2,193)
Recovery Compass	28,642	(26,462)	2,180
Active Inclusion 024220	7,322	(7,323)	(1)
	<u>263,280</u>	<u>(259,048)</u>	<u>4,232</u>
TOTAL FUNDS	<u>462,987</u>	<u>(362,563)</u>	<u>100,424</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2020

12. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.18 £	Net movement in funds £	Transfers between funds £	At 31.3.19 £
Unrestricted funds				
Head Office	150,305	(15,018)	(23,703)	111,584
Restricted funds				
Active Inclusion 024041	-	10,271	(10,271)	-
Active Inclusion 024134	-	8,226	(8,226)	-
Agor	444,381	(180,856)	158,348	421,873
Recovery Compass	-	11,150	(11,150)	-
Gwynt Y Mor	-	5,803	(5,803)	-
Lloyds Bank Restricted	-	10,643	(10,643)	-
BCUHB Restricted	-	78,592	(78,592)	-
Lottery Building	-	9,960	(9,960)	-
	<u>444,381</u>	<u>(46,211)</u>	<u>23,703</u>	<u>421,873</u>
TOTAL FUNDS	<u>594,686</u>	<u>(61,229)</u>	<u>-</u>	<u>533,457</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Head Office	124,312	(139,330)	(15,018)
Restricted funds			
Active Inclusion 024041	66,647	(56,376)	10,271
Active Inclusion 024134	26,920	(18,694)	8,226
Agor	(1)	(180,855)	(180,856)
Recovery Compass	86,337	(75,187)	11,150
Gwynt Y Mor	5,803	-	5,803
Lloyds Bank Restricted	10,643	-	10,643
BCUHB Restricted	78,592	-	78,592
Lottery Building	9,960	-	9,960
	<u>284,901</u>	<u>(331,112)</u>	<u>(46,211)</u>
TOTAL FUNDS	<u>409,213</u>	<u>(470,442)</u>	<u>(61,229)</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2020

12. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.18 £	Net movement in funds £	Transfers between funds £	At 31.3.20 £
Unrestricted funds				
Head Office	150,305	81,174	(25,899)	205,580
Restricted funds				
Active Inclusion 024041	-	10,270	(10,270)	-
Active Inclusion 024134	-	8,226	(8,226)	-
Agor	444,381	(209,584)	158,348	393,145
ICAN Conwy	-	23,398	-	23,398
My Generation (Mind)	-	(1)	1	-
N W Peer Support	-	9,578	-	9,578
Parabl Talking Therapies	-	(2,193)	2,193	-
Recovery Compass	-	13,330	(11,150)	2,180
Gwynt Y Mor	-	5,803	(5,803)	-
Lottery Building	-	9,960	(9,960)	-
Active Inclusion 024220	-	(1)	1	-
	<u>444,381</u>	<u>(131,214)</u>	<u>115,134</u>	<u>428,301</u>
TOTAL FUNDS	<u>594,686</u>	<u>39,195</u>	<u>-</u>	<u>633,881</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Head Office	324,019	(242,845)	81,174
Restricted funds			
Active Inclusion 024041	109,315	(99,045)	10,270
Active Inclusion 024134	79,404	(71,178)	8,226
Agor	(1)	(209,583)	(209,584)
ICAN Conwy	50,682	(27,284)	23,398
My Generation (Mind)	5,000	(5,001)	(1)
N W Peer Support	11,800	(2,222)	9,578
Parabl Talking Therapies	64,682	(66,875)	(2,193)
Recovery Compass	114,979	(101,649)	13,330
Gwynt Y Mor	5,803	-	5,803
Lottery Building	9,960	-	9,960
Active Inclusion 024220	7,322	(7,323)	(1)
	<u>458,946</u>	<u>(590,160)</u>	<u>(131,214)</u>
TOTAL FUNDS	<u>872,200</u>	<u>(833,005)</u>	<u>39,195</u>

CONWY MIND

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2020**

13. RELATED PARTY DISCLOSURES

Agor:Open (Company Limited by Guarantee) (Company Number 09098333) was incorporated on 23 June 2014. Agor:Open is a wholly controlled subsidiary of Conwy Mind.

During the year to 31 March 2020 Conwy Mind paid expenses of £69,815 on behalf of Agor:Open.

During the year to 31 March 2020 Agor:Open transferred £42,469 to Conwy Mind.

At 31 MArch 2020 Agor:Open owed Conwy Mind £61,728 (2019 - £34,382)

The Trustees took the decision to close The Rabbit Hole on 12 October 2019.